

ARONSEN PUBLISHING

CATALOGUE
2016

ARONSEN
PUBLISHING

Aronsen is an independent Danish publishing house based in Copenhagen. Aronsen was founded in 2005 by Siri Aronsen. Aronsen publishes fiction, literary fiction, crime fiction, non-fiction and narrative non-fiction. We aim to publish the great books that can be read by a broad audience. Our philosophy is to only publish books that will have a long life and live through many editions.

Aronsen published its first non-fiction book, *The No-Cry Sleep Solution*, in 2006, an instant bestseller. In 2008 we bought Linda Olsson's international bestseller *Astrid & Veronika*. Since then we have published several bestsellers both in fiction and non-fiction.

We publish about 9 titles a year, mostly Danish, but also Scandinavian and International titles in translation.

In 2012 Aronsen also established Aronsen Literary Agency which represent Danish authors in the fields of literary fiction, crime fiction, non-fiction and narrative non-fiction. We work hard to get our authors out and promote them on the international market. We also handle film and drama rights on behalf of our authors.

For more information please visit

our website:

www.forlagetaronsen.dk

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LOVE YOUR BOWEL

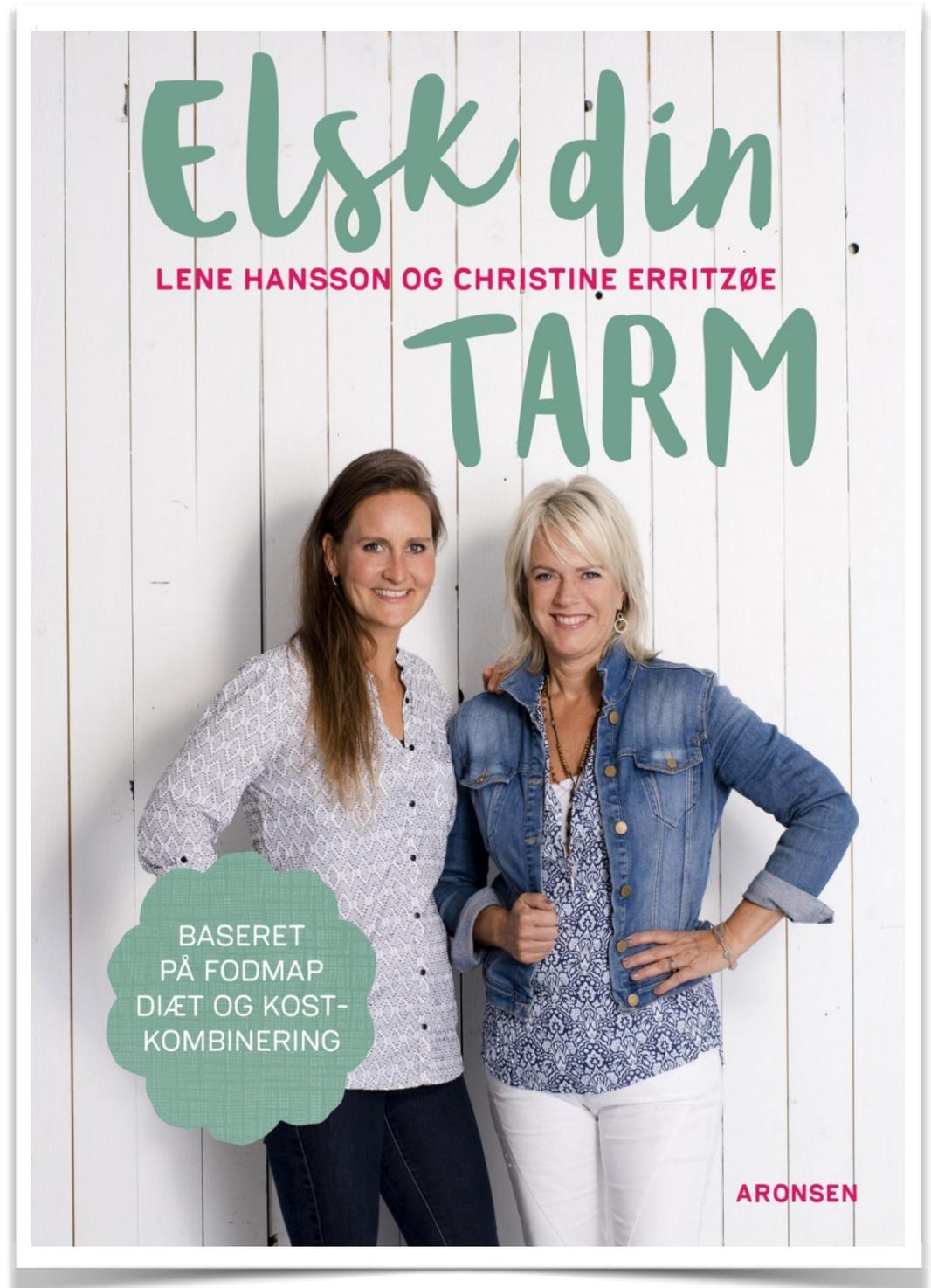
AUTHOR:	Lene Hansson and Christine Erritzøe
GENRE:	Non-fiction
PUBLICATION DATE:	8/4/2016
READING MATERIAL:	Danish manuscript

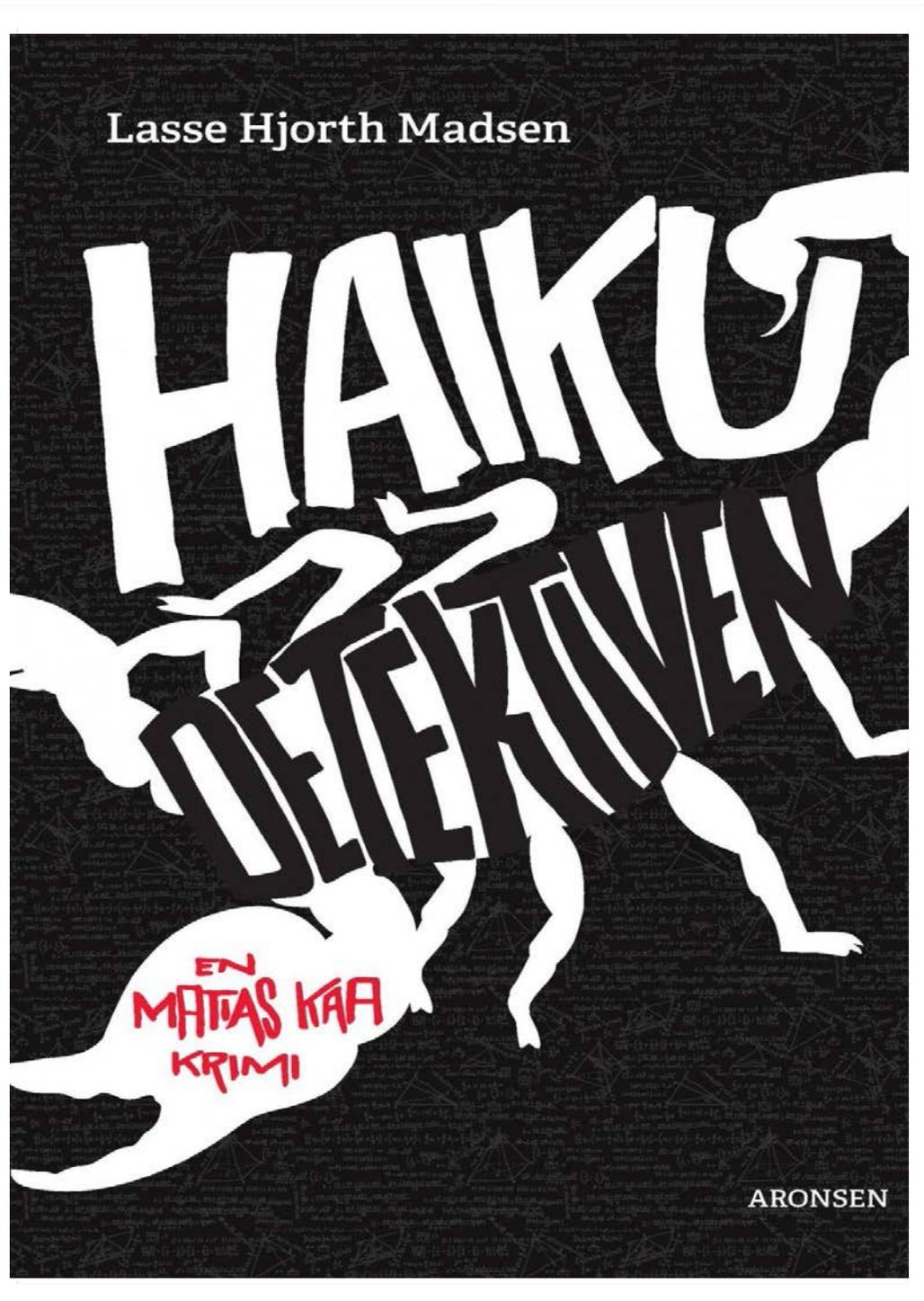
THE BOOK

Love Your Bowel is based on the LOW FODMAP Diet, an Australian dietary management approach to reduce symptoms associated with IBS (Irritable bowel syndrome) through excluding specific foods from your diet.

Furthermore the book deals with Food Combining, where you separate protein and starch in your meals and also deals with the concept of META-Health. By reading this book you will be given tools to improve your digestion, and improve your balance in your body and psyche.

Love Your Bowel also contains 40 new recipes based on the LOW FODMAP Diet.





THE HAIKU DETECTIVE

AUTHOR:	Lasse Hjorth Madsen
GENRE:	Fiction
PUBLICATION DATE:	10/9/2015
READING MATERIAL:	Danish book

THE BOOK

The Haiku detective is the second book by Lasse Hjorth Madsen published at ARONSEN in September 2015. The unusual crime novel revolves around the neurotic main character Matias Kaa who spends most of his time alone writing haiku poems.

Despite his social disabilities, Matias takes on to solve the mysterious death of his boss, who one day - seemingly - commits suicide in the middle of the office. Matias and his helper Josefine is determined to find out the truth about their boss but are hurled into an inferno of catastrophes, including an unscrupulous therapist, a sexual sadist, a ruthless crime syndicate, his own unstable psyche, and hardest of all: love.

REVIEWS

“The author writes with a large surplus that makes you want to read more from his pen”.
Weekendavisen

“The Haiku detective is in addition well written, original in its structure and plot (...) We are looking forward [to the next volume in the series] and recommends The Haiku detective.”
- Krimicirklen

Read more about Lasse Hjort Madsen on page 21.

SENSITIVE CHILDREN

AUTHOR:	Lene Sonne and Athina Delskov
GENRE:	Non-fiction
PUBLICATION DATE:	8/9/2014
READING MATERIAL:	English reading sample

THE BOOK

To be sensitive means that a person tackles sensory input with more nuances and greater depth than others, and up to 20% of all children can be characterized as sensitive. Sensitivity is not a diagnosis, but a temperament. Sensitive people are often very talented in many fields, but also more vulnerable. Many problems can therefore be avoided if one understands the sensitive sides better.

Sensitive Children is the first Danish book on the subject. The book contains, among other things, a questionnaire to determine whether or not your child is sensitive. The book gives solid advice, and answers questions, about how to support a sensitive child.

The book is based on a string of Danish cases about sensitive children and their parents, along with interviews with nurses, kindergarten teachers, teachers and psychologists, who all have worked with sensitivity. *Sensitive Children* is the first book in a series about sensitive people.

Introduction to Sensitive Children, a compact and introductory version of the book will be published in April 2015.

REVIEW

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“The book is filled with good examples and valuable information [...] The feel of the book is empathic. In relation to language and understanding the book is very approachable.” - Purchasing consultant for the Danish libraries

“*Sensitive Children* is written with much love and insight” - Jagoo

Read more about the authors Lene Sonne and Athina Delskov on page 22.





Er du ung
og sensitiv?

Læs hvordan
sensitive unge
oplever verden

Råd til sensitive
unge og deres
omgivelser

Sensitive unge

ATHINA DELSKOV
& LENE SONNE

ARONSEN

SENSITIVE YOUTH

AUTHOR:	Lene Sonne and Athina Delskov
GENRE:	Non-fiction
PUBLICATION DATE:	August 2015
READING MATERIAL:	Danish manuscript

THE BOOK

The next book in the series about sensitive people, after *Sensitive Children*, which was published in 2014. *Sensitive Youth* is the first book to describe what it is like to be young and sensitive.

Sensitive Youth is a book which, in the same way as *Sensitive Children*, deals with how the child/youth views the world.

Many sensitive youths are misunderstood, both by themselves and their surroundings. Often their needs and difficulties are mislabeled as 'puberty troubles'. Some of the young people who drop out of their schools could very well be young sensitive people who doesn't thrive under the same conditions as other young people.

The book highlights which tools and conditions are needed for these young sensitive people to thrive both at home, in their free time, and in an educational setting.

Sensitive Youth focuses on young people from 13-20 years of age. It builds on a string of interviews with youths, so it is the young person who shares how they see the world and what they need from their surroundings. Furthermore, the book will include interviews with parents and different professionals who deals with the youths, to cover problems and possible solutions. The authors combine these aspects and give their own human and professional contributions.

Read more about the authors Lene Sonne and Athina Delskov on page 22.

NATURALLY HEALTHY CHILDREN

AUTHOR: Anette Straadt
GENRE: Non-fiction
PUBLICATION DATE: April 2015
READING MATERIAL: Danish manuscript

THE BOOK

When your child is sick, no matter if it happens only a couple of times a year, or, as for some unfortunate parents, several times, it hurts the parent as well as the child.

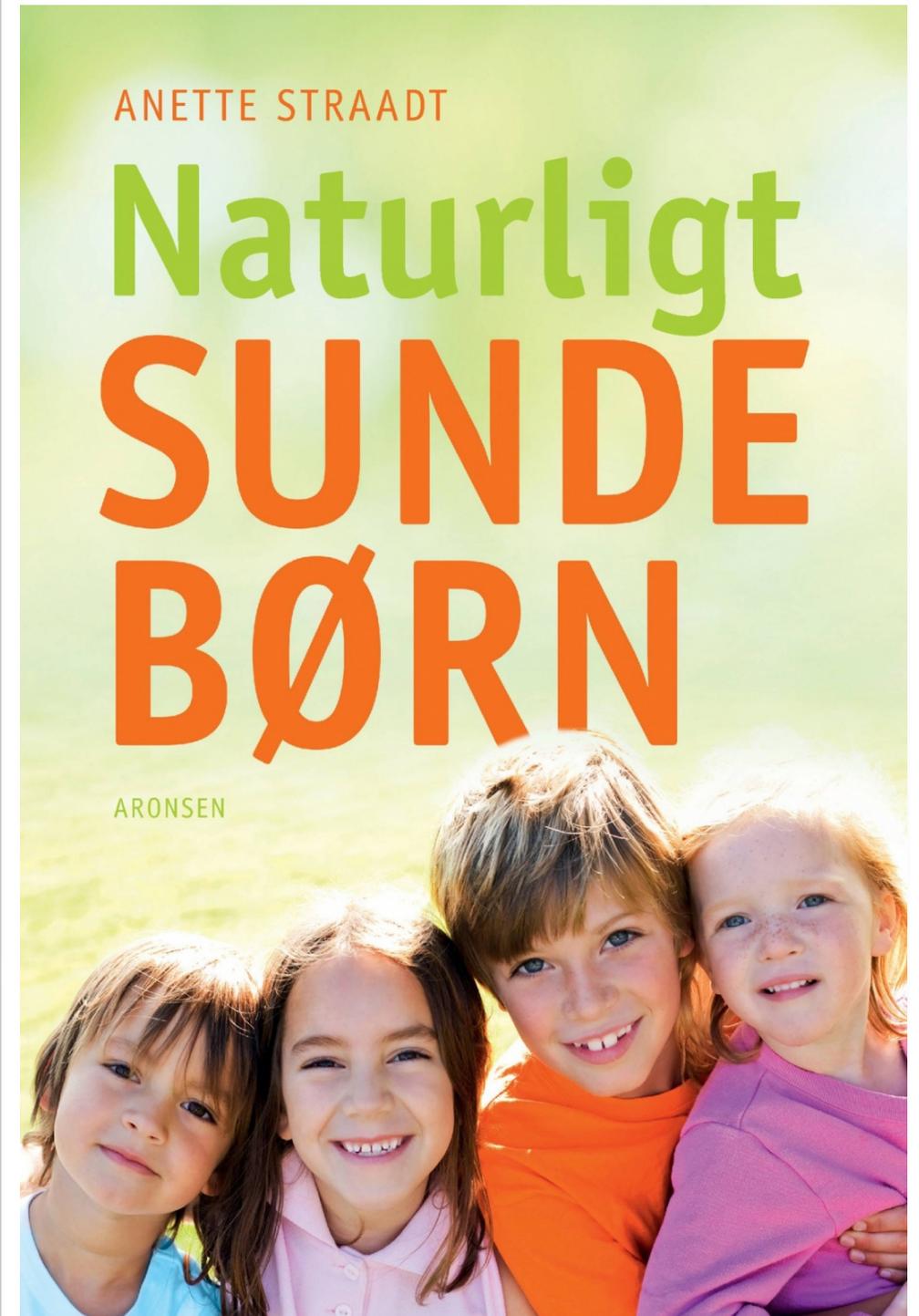
This book contains a simple guide on how to get a healthy, strong and hardy child, with a well-functioning immune system. It is not as hard as it could seem, and the results will be long-lasting, and guarantee a greater well-being for parent and child.

Naturally Healthy Children includes background information on how your child's body works. This is necessary to understand what is needed for the child's body to function properly. This is presented in a very approachable manner, with references to the science behind the ideas in the back of the book.

The book gives the reader seven easy steps to improve their child's body and overall health. This in relation to the child's digestion, blood sugar, sleep, well fare, dietary supplements, exercise and the 80/20-principle.

Along with this easily read information, *Naturally Healthy Children* also includes simple recipes to inspire healthier eating habits.

Read more about the author, Anette Straadt, on page 22.



THE PASSION OF MARIE

AUTHOR:	Anastassia Arnold
GENRE:	Narrative non-fiction
PUBLICATION DATE:	15/11/2013
READING MATERIAL:	Danish book

THE BOOK

The Passion of Marie was first published in Denmark in 1999, and republished by Aronsen in the Fall of 2013. The book was received extremely well by both critics and readers and over 200.000 copies have been sold in Scandinavia alone, making *The Passion of Marie* an instant and lasting bestseller.

The book's evocative portrayal of Marie Krøyer and the people in her life, along with the groundbreaking research behind the story, is what made Academy Award-winning director Bille August want to bring *The Passion of Marie* to the big screen: "It was the brutally honest drama between the people and the portrayal of Marie, which fascinated me." The movie premiered in Copenhagen in 2012 and has subsequently been sold to 36 countries in Europe and to Australia.

The Passion of Marie is the first and only biography to explore the entire life of Marie Krøyer, from her early childhood and through the wild ambitions of her youth, onto her marriage with P. S. Krøyer, her affair with Swedish composer Hugo Alfvén and her last lonely years in Sweden.

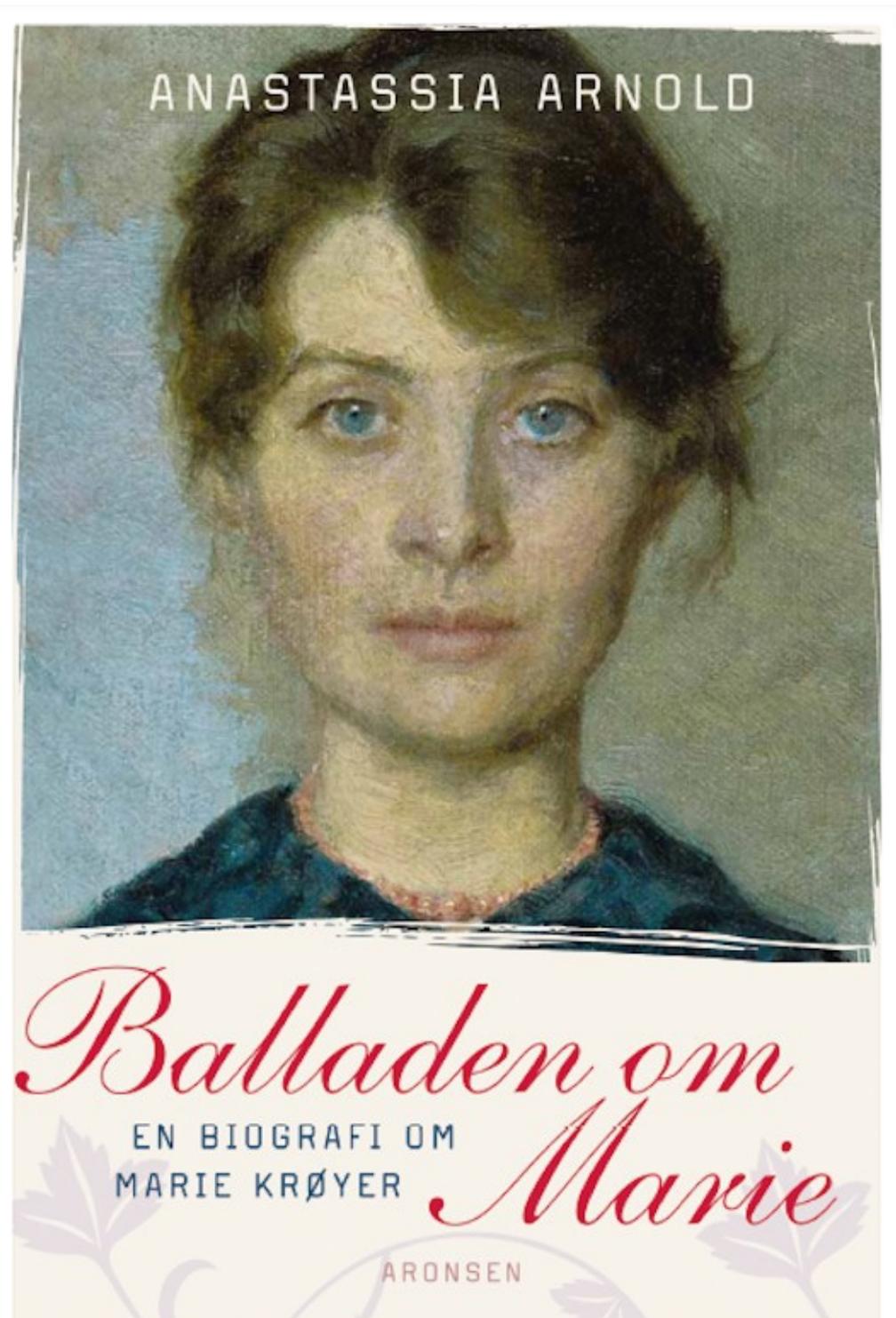
REVIEWS

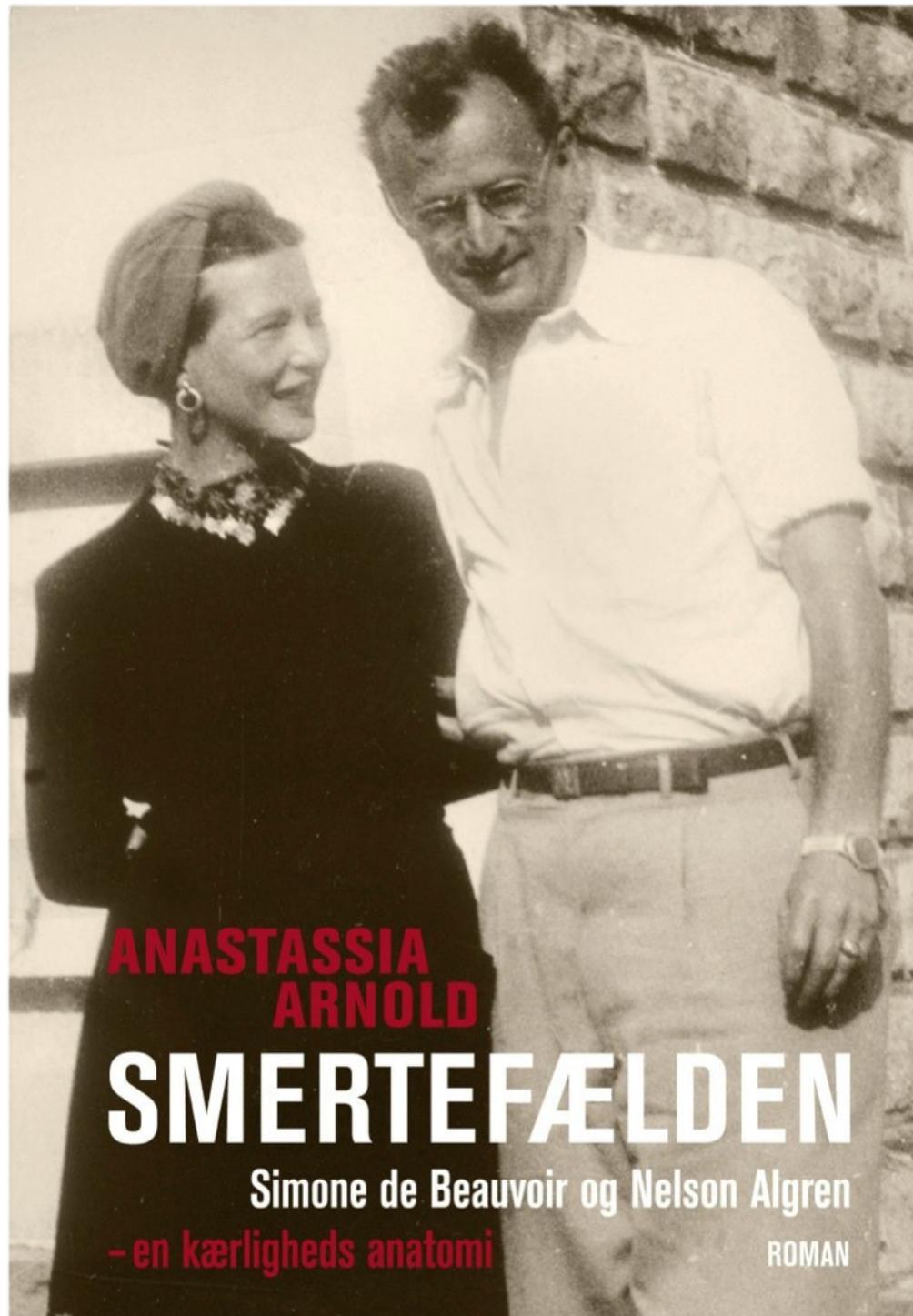
"Anastassia Arnold's expertly researched biography on Marie Krøyer is a great book about great artists. It is nothing less than awesome that Anastassia Arnold has been able to reconstruct Marie's life in such intimate details."

- Weekendavisen

"Undoubtedly standing on a solid foundation of facts Anastassia Arnold's text rises above this and becomes a genuine and riveting story."

- Politiken





THE PAIN-TRAP

Simone de Beauvoir and Nelson Algren - An anatomy of love

AUTHOR: Anastassia Arnold
GENRE: Fiction
PUBLICATION DATE: 21/11/2013
READING MATERIAL: English reading sample

THE BOOK

In 1947 Simone de Beauvoir is on a lecturing tour in North America.

A meeting in Chicago with the American legendary writer Nelson Algren shakes her and seriously challenges her alliance with Jean-Paul Sartre.

The Pain-Trap is a novel about two lovers who, separated by external circumstances, fight for 16 years to hold on to each other, and keep their inner demons in check. Doubt, faith and devotion flows through their impossible love.

Anastassia Arnold has sensationally had access to a large number of the love letters that Nelson Algren sent to Simone de Beauvoir. These letters by Nelson Algren have never been published and are unknown to the public.

These letters reveal, that the story of the two writers relationship is stronger and more tragic than depicted by their posterity. With Anastassia Arnold's unique insight into letters by both writers, she has been able to tell their passionate story on a whole new both in-depth and chocking level in *The Pain-Trap*.

REVIEWS

"There are books so excellent, that they can easily be republished every seven years. That is the case with books like Anastassia Arnold's *The Pain-Trap*." - Weekendavisen

"The novel has built-in suspense and, even though we know the outcome of the couple's tribulations, we read the story with growing fascination."
- Jyllands-Posten

Read more about author Anastassia Arnold on page 21.

THE EDGE

AUTHOR: Lasse Hjorth Madsen
GENRE: Fiction
PUBLICATION DATE: 8/4/2014
READING MATERIAL: Danish book

THE BOOK

36-year old Marion decides to leave her urban life in Copenhagen to move to the windy west coast of Denmark. Wanting a fresh start she has made a plan to open a shop selling organic products in the small village of Nørre Næsby.

Marion arrives full of confidence, ready to convince the village people of her idea and way of life. From the beginning she feels warmly accepted in the small community, but things are not always as they seem, and slowly she is brought into a web of lies, corruption and crime.

Lasse Hjorth Madsen shows not only the darker sides of mankind, he also unfolds a specific social law of Danish society, Janteloven, a pattern of group behavior towards individuals in ten commands, usually referred to as a homogeneous unit: *You are not to think you're anyone special or that you're better than us.*

The Edge is a quiet, but horrifying, story that will resonate with anyone who's ever tried to fit in a place they did not belong.

REVIEWS

The press wrote about *The Edge*:

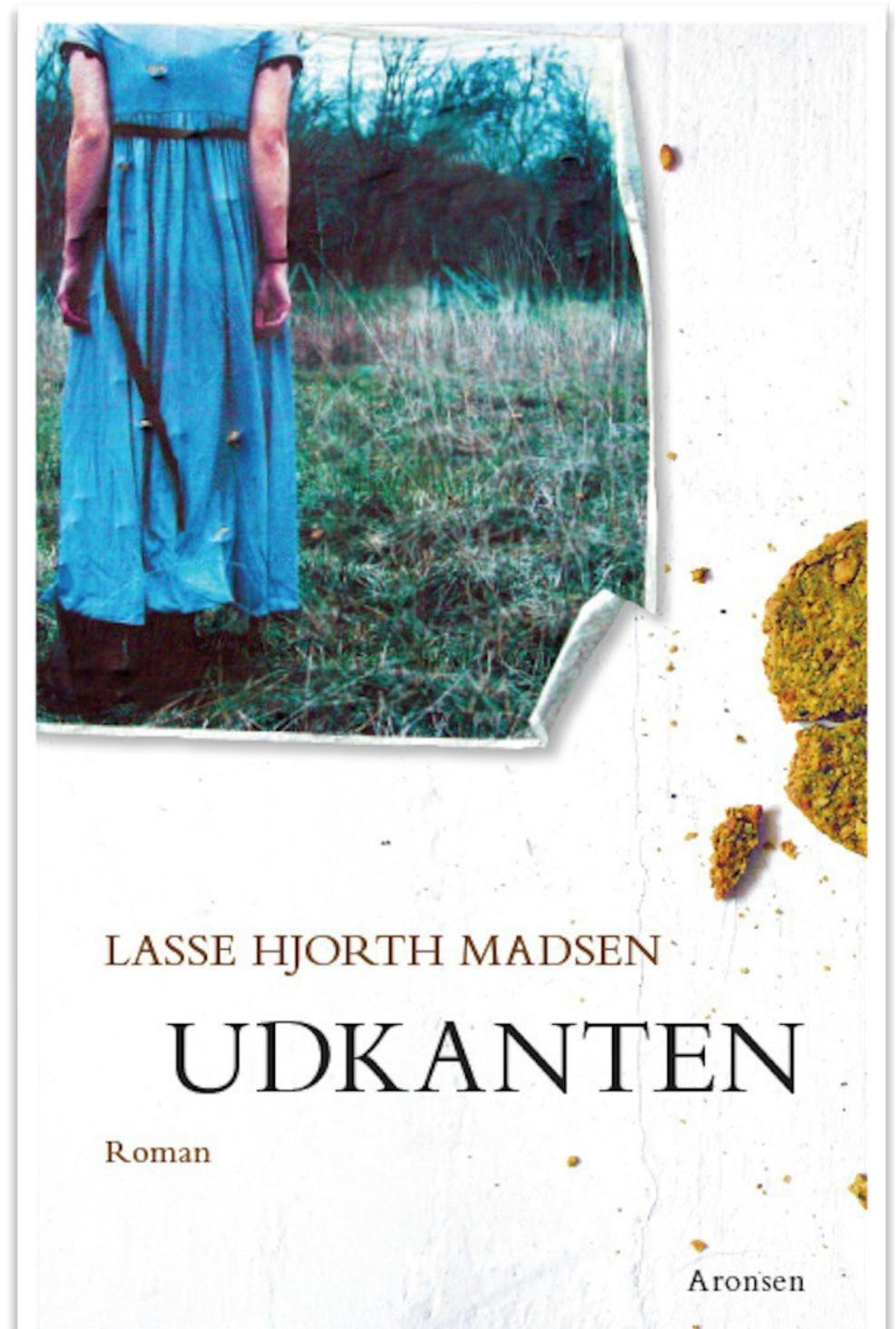
”A notorious writing talent”
- Ekstra Bladet

★ ★ ★ ★ ★

- Morgenavisen Jyllandsposten

“Read it!”
- Alt For Damerne

Read more about Lasse Hjorth Madsen on page 19.





SHOOTING STAR

AUTHOR:	Bodil Bredsdorff
GENRE:	Fiction
PUBLICATION DATE:	1/3/2013
READING MATERIAL:	Danish book

THE BOOK

After discovering that her husband is cheating on her with her best friend, Michelle seeks refuge in her brother's empty summerhouse in the province of Denmark. He doesn't know that she has moved in, or that she completely emptied his wine shelf.

A hangover, as well as ghosts from the past, are tormenting Michelle, as she decides to take action. And what better way is there to get over a broken heart, than to go get a hunting license. Almost sober, with her pockets full of bullets and lip-gloss, she prepares herself to go look for the button that will restart her life.

Shooting Star is about making new friends, and hunting down what you want in life. But it is also a story that clears out some of the prejudice about the provinces that we tend to hold on to. We still meet people drinking tax-free beer, working out of the system, gossiping and driving while they're drunk, but most of all, the novel portrays a society where people still find the time to take care of each other.

REVIEWS

"... she writes with an experienced, certain and exciting pen. Short and long sentences, thoughts and emotions blends together, always staying true to her main character. Read it and meet an adult woman on the edge of a new life."

-Femina

"Bodil Bredsdorff succeeds in showing Michelle as a person, as well as the great values often hidden in the caricature of the Danish outskirts."

-Flensborg Avis

Read more about Bodil Bredsdorff on page 21.

AUTHORS



ANASTASSIA ARNOLD

Extensive research, and the ability to portray her characters with depth and insight, characterizes Anastassia Arnold's renowned biographical novels.

Her astounding portrayals of both Marie Krøyer and Simone de Beauvoir, has made Anastassia Arnold a famous author. She has a M.A. in Nordic Linguistics and Literature.

BODIL BREDSDORFF

No less than 48 children's books has Bodil Bredsdorff (born 1951) written over the years. She has, among other things, received the Danish Ministry of Culture's Children's Book Prize in 1995 for her series *Børnene i Kragevig*.

Shooting star is Bodil Bredsdorff's first adult novel, and her portrayal of the main character, and her understanding of human emotion, only emphasizes her great skill as an author. Be it children's books or adult novels, Bodil Bredsdorff has shown she can master it all.

LASSE HJORTH MADSEN

What is evil? This question is a hard one to answer. Evil is both a natural occurrence in human nature, and an alien notion we all seek to disperse by ignoring it.



Lasse Hjorth Madsen (born 1970) writes about evil - not in the sense of monsters and dark forces - but the everyday evil that develops in all of us. The very evil we try to ignore the hardest.

Lasse Hjorth Madsen has previously worked in manuscript production for different film companies. He now produces both socio-political analysis' and fiction.

ATHINA DELSKOV AND LENE SONNE

Athina Delskov is a psychologist. She considers herself as sensitive, and has worked professionally with sensitive people for the last 10 years. Since 2012 she has been the president of the Danish HSP association (Highly Sensitive People)

Lene Sonne is a kindergarten teacher and daily runs a kindergarten with focus on sensitive children. Lene is also a trained psychotherapist and has worked with counseling sensitive people for many years. She also considers herself as sensitive.



ANETTE STRAADT

Anette Straadt is Health Visitor at a children's ward and mother to three young children. She has helped hundreds of families with sick children, and has intimate and up-to-date knowledge of child care.



Anette Straadt is also a trained nurse and dietitian, and has more than 12 years of experience in working with children. She writes columns, articles and does seminars on children's health and well fare. Anette Straadt also writes a blog about a natural approach to healthy children, which is read by hundreds of Danish families.

To learn more about our authors please see Aronsen's website.

CONTACT

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